

Equinox Marathon

Women's Sub 3:45 Club

Current through 2009 Race

Ranked In Order of Date the Standard was Achieved, with Number of Sub-3:45 Times Noted

Last	First	YOB	Age @ 1st sub- 3:45	# of Sub- 3:45's	Year of First Sub 3:45	Best Time	Age For Best Time	Year of Best Time	Finish Rnk for Best Time	Hometown	State	
1	Kling	Pat	1946	35	4	1981	3:35:52	36	1982	1	Spokane	WA
2	Lindahl	Mary	1951	30	1	1981	3:43:07	30	1981	2	Fairbanks	AK
3	Felix	Nancy	1955	28	2	1983	3:25:19	34	1989	1	Fairbanks	AK
4	Livingston	Trish	1955	28	1	1983	3:40:11	28	1983	2	Fairbanks	AK
5	Chapman	Sue	1962	22	2	1984	3:30:15	23	1985	1	Fairbanks	AK
6	Fyten	Bobbi	1950	35	7	1985	3:33:30	36	1986	1	Fairbanks	AK
7	Munson	Dianne	1961	24	3	1985	3:40:23	25	1986	2	Fairbanks	AK
8	Gilbert-Gard	Lyn	1955	31	1	1986	3:44:45	31	1986	3	Fairbanks	AK
9	Stone	Moon Sun	1955	32	1	1987	3:44:15	32	1987	3	Fairbanks	AK
10	Lefever	Dolly	1946	42	1	1988	3:36:58	42	1988	1	Palmer	AK
11	Pospasil	Blythe			1	1991	3:34:12		1991	1	Anchorage	AK
12	Mumma	Debbie			1	1991	3:38:24		1991	2	Anchorage	AK
13	Shirazi	Mari	1968	26	2	1994	3:25:32	27	1995	1	Fairbanks	AK
14	Southwell	Julianne	1968	27	1	1995	3:44:37	27	1995	2	Bend	OR
15	Devine	Tina	1961	35	7	1997	3:21:21	36	1998	1	Fairbanks	AK
16	Thompson-Bergt	Tasha	1960	37	1	1997	3:44:19	37	1997	2	Anchorage	AK
17	Richter	Pam	1957	40	1	1997	3:44:46	40	1997	3	Anchorage	AK
18	Harbison	Heidi	1975	23	1	1998	3:36:28	23	1998	3	Ester	AK
19	Mitchell	Michelle	1974	23	5	1998	3:31:35	27	2002	4	Fairbanks	AK
20	Faulkner	Susan	1959	40	4	1999	3:18:16	43	2002	1	Fairbanks	AK
21	LeBlond	Jane	1974	24	4	1999	3:19:59	27	2002	2	Fairbanks	AK
22	Rozell	Kristen	1970	29	3	2000	3:30:34	29	2000	2	Fairbanks	AK
23	Betters	Kat	1968	32	1	2001	3:30:26	32	2001	2	Fairbanks	AK
24	Lanford	Jane	1955	46	2	2001	3:41:51	48	2003	3	Fairbanks	AK
25	McDonough	Laura	1961	40	4	2001	3:39:59	41	2002	7	Anchorage	AK
26	Huyck	Linda	1972	30	1	2002	3:28:17	30	2002	3	Olympia	WA
27	Shaw	Alyssa	1977	25	1	2002	3:38:38	25	2002	6	Houston	TX
28	Personett	Colleen	1972	30	1	2003	3:41:19	30	2003	2	Fairbanks	AK
29	Udchachon	Julie	1970	34	2	2004	3:20:24	35	2005	1	Anchorage	AK
30	Johnson	Shelley	1977	30	1	2007	3:21:07	30	2007	1	Anchorage	AK
31	McHale	Denise	1973	34	1	2007	3:24:13	34	2007	2	Whitehorse	YT
32	Dalton	Amy	1961	45	1	2007	3:36:59	45	2007	4	Anchorage	AK
33	Cropper	Debbie	1961	46	1	2007	3:38:21	46	2007	5	Anchorage	AK
34	Yazwinski	Molly	1981	26	1	2007	3:39:23	26	2007	6	Fairbanks	AK
35	Taylor	Gail	1965	41	1	2007	3:39:54	41	2007	7	Wasilla	AK
36	Brosius	Laura	1984	24	2	2008	3:20:40	23	2008	1	Fairbanks	AK
37	Flaharty	Davya	1985	23	1	2008	3:41:31	24	2008	2	Fairbanks	AK
38	Best	Heather	1977	31	1	2008	3:44:08	31	2008	3	Fairbanks	AK
39	Lewis	Melissa	1970	39	1	2009	3:32:38	39	2009	2	Fairbanks	AK
40	Walker	Charity	1983	26	1	2009	3:33:28	26	2009	3	Tok	AK
41	Kitchen	Cortney	1981	28	1	2009	3:43:35	28	2009	4	Fairbanks	AK

Most Performances under 3:45:00:

1	Fyten	Bobbi	7
1	Devine	Tina	7
3	Mitchell	Michelle	5
4	Kling	Pat	4
4	Faulkner	Susan	4
4	LeBlond	Jane	4
4	McDonough	Laura	4
8	Munson	Dianne	3
8	Rozell	Kristen	3

No other runners with more than two sub-3:45 performances

Most Performances under 3:30:00:

1	LeBlond	Jane	4
2	Devine	Tina	2
2	Udchachon	Julie	2
2	Brosius	Laura	2

No other runners with multiple sub-3:30:00 performances

These four women have 10 of 16 times under 3:30

The nine women listed to the left have 41 of the 79 sub-3:45 times